



830 South Fourth Street  
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TRICK OR TREAT!



# The Golden Pages

IROQUOIS RESIDENT HOME NEWSLETTER

November 2022



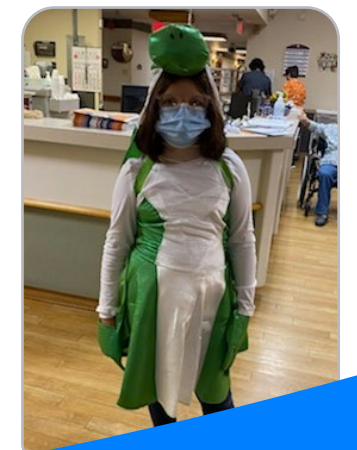
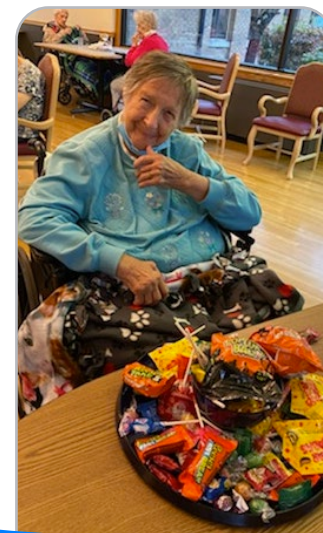
## Fun Fall Activities

We have been having a blast over here at the resident home! Our October was filled with fun fall activities. Some of our biggest activities included Trick-or-Treating, Scavenger Hunts, a Bridal Shower, our Fall Cookout, and of course our monthly birthday party!

For Halloween, our residents got big bowls and platters of candy to hand out to the children who came here when Trick-or-Treating! We had several different tables handing out candy and had a great turn out. It was raining outside so lots of kids came inside to dry off and continue to Trick-or-Treat. We had kids still coming in at 6pm! We had fun, it was great to see all the children AND staff dress up for Halloween.

For the Bridal Shower, Administrator Linda LaVoie and Social Service Jen Long threw a surprise Bridal Shower for our Activity Director, Faith Aaron, who got married October 22nd. Our residents got to come to the celebration and enjoy the festivities. We had lots of fruit and lots of different cakes! The residents and staff got presents for Faith and she opened them in front of everyone. It was so great!!

We are looking forward to November. It's HOLIDAY TIME!!!! We will be having a big Thanksgiving celebration and meal for our residents along with great, fun filled activities all month long. One of our newest regular activities is resident ZOOMBA!! Come down every Tuesday at 2:00pm and dance away for some great exercise!!





### From the Desk of the Administrator

In this season of thanksgiving, I am grateful everyday to have the opportunity to be a part of our team here at the Resident Home. In our society today, we tend to look for the worst in people and situations and eagerly criticize. I believe a thankful heart looks for the good in people and the beauty that surrounds us everyday.

This year, the Resident Home will be having its Thanksgiving meal on Thanksgiving. Limited seating is available and if you would like to join us for our special lunch, please R.S.V.P.

Linda LaVoie, LHNA  
Iroquois Resident Home Administrator

### Nurses Notes from Joyce Espinoza, RN, Director of Nursing

If you have visited us recently, you may have noticed that for a short time we were not wearing face coverings and visitors no longer needed to wear face coverings. For a short time we didn't have to wear them. The exception to this was if you were experiencing any respiratory symptoms or have been exposed to COVID-19, you would have been asked to wear a face covering (they are still available at the front entrance).

Unfortunately, our community transmission level went high again, so we are required and back to wearing face coverings. We will continue to screen visitors and staff each day. If you have any questions or concerns, please reach out to me.

Happy Thanksgiving to you and yours.



## NOVEMBER 2022 ACTIVITIES CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
	<b>HAPPY HOLIDAYS!</b> 	9:00 - Devotions in the <b>Back</b> Activity Room 9:15 - Morning Stretches 9:30 - White Board Games 1:30 - Zoomba!	9:30 - Movie Matinee 12:30 - Hair Day with Penny 12:30 - Nail Boutique 	National Dog in Space Day! 9:15 - Morning Stretches 9:30 - Dog game! 12:30 - Bingo! 2:00 - Thanksgiving Game	9:00 - Voting 10:00 - Stretches 12:30 - Church 2:00 - Apple Cider/Hot Chocolate Social 	National <b>Donut</b> Day!! 9:15 - Morning Stretches 9:30 - Donuts! 12:30 - Game Day 2:00 - Movie Matinee
6	7	8	9	10	11	12
9:15 - Morning Stretches 9:30 - White Board Games 12:30 - Bingo! 2:00 - Movie Matinee	10:00 - Movie Matinee 1:00 - Resident Council Meeting 	9:00 - Devotions in the <b>Back</b> Activity Room 9:15 - Morning Stretches 9:30 - White Board Games 1:00 - Tea Time Tuesday 2:00 - Zoomba 	12:30 - Movie Matinee  Faith will be gone	National Vanilla <b>Cupcake</b> Day! 9:15 - Morning Stretches 9:30 - Vanilla Cupcakes! 12:30 - Bingo! 2:00 - Thanksgiving Game	9:15 - Morning Stretches 9:30 - Apple Cider/Hot Chocolate Social 12:30 - Church 2:00 - <b>Monthly Birthday Party!!</b>	9:15 - Morning Stretches 9:30 - Fall Trivia 12:30 - Game Day 2:00 - Movie Matinee
<b>Sunday</b> 13	<b>Monday</b> 14	<b>Tuesday</b> 15	<b>Wednesday</b> 16	<b>Thursday</b> 17	<b>Friday</b> 18	<b>Saturday</b> 19
9:15 - Morning Stretches 9:30 - White Board Games 12:30 - Bingo! 2:00 - Movie Matinee	10:00 - Movie Matinee 1:30 - Nail Boutique 	9:00 - Devotions in the <b>Back</b> Activity Room 9:15 - Morning Stretches 9:30 - White Board Games 1:00 - Tea Time Tuesday 2:00 - Zoomba! 	9:30 - Movie Matinee 12:30 - Hair Day!! 12:30 - Nail Boutique 	9:15 - Morning Stretches 9:30 - Surprise Activity! 12:30 - Bingo! 2:00 - Thanksgiving Game	9:15 - Morning Stretches 9:30 - Apple Cider/Hot Chocolate 12:30 - Church 2:00 - Hit the pin game	9:15 - Morning Stretches 9:30 - Fall Trivia 12:30 - Game Day 2:00 - Movie Matinee
20	21	22	23	24	25	26
9:15 - Morning Stretches 9:30 - White Board Games 12:30 - Bingo! 2:00 - Movie Matinee	10:00 - Movie Matinee 1:30 - Nail Boutique 	9:00 - Devotions in the <b>Back</b> Activity Room 9:15 - Morning Stretches 9:30 - White Board Games 1:00 - Tea Time Tuesday 2:00 - Zoomba! 	9:30 - Movie Matinee 12:30 - Hair Day!! 12:30 - Nail Boutique	<b>HAPPY THANKSGIVING!!!</b> 2:30 - Movie 	9:15 - Morning Stretches 9:30 - Apple Cider/Hot Chocolate Social 12:30 - Church 2:00 - Hit the pin game	9:15 - Morning Stretches 9:30 - Fall Trivia 12:30 - Game Day 2:00 - Movie Matinee
27	28	29	30			
9:15 - Morning Stretches 9:30 - White Board Games 12:30 - Bingo! 2:00 - Movie Matinee	9:15 - <b>Mahlah Comfort Dog Visit</b> 12:30 - Movie Matinee 1:30 - Nail Boutique	9:00 - Devotions in the <b>Back</b> Activity Room 9:15 - Morning Stretches 9:30 - White Board Games 1:00 - Tea Time Tuesday 2:00 - Zoomba!	9:30 - Movie Matinee 12:30 - Hair Day!! 12:30 - Nail Boutique 			